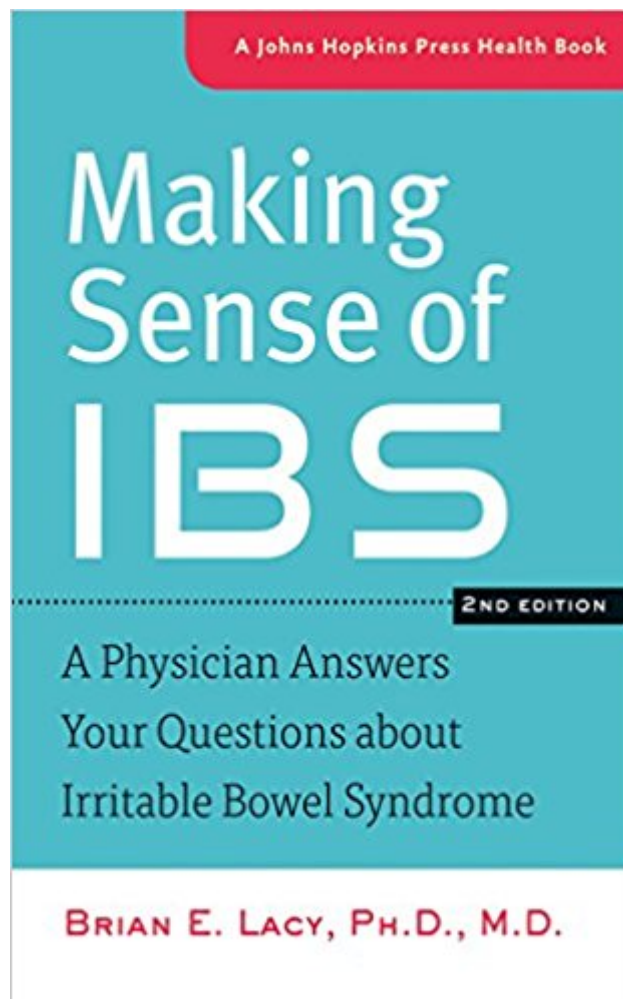




The book was found

# Making Sense Of IBS (A Johns Hopkins Press Health Book)



## Synopsis

IBS, which affects almost one in six Americans, is characterized by abdominal pain, bloating, gas, and diarrhea or constipation. Today more than ever before, physicians are able to diagnose this complex disorder, understand and explain its origins, and develop a treatment plan that effectively meets the individual needs of a patient. Drawing on his many years of experience treating people who have symptoms of IBS, Dr. Brian E. Lacy explains normal digestion, the causes of IBS, how IBS is diagnosed, and what to expect with treatment. He also explores special topics such as IBS in children and psychological, hypnotherapeutic, and psychiatric therapies. Important new information in the second edition includes

- The roles of fiber, gluten, lactose, and fructose in the development and treatment of IBS
- The use of probiotics and antibiotics to treat IBS
- Similarities and differences between IBS and inflammatory bowel disease (IBD)
- The relationship between small intestine bacterial overgrowth and IBS
- How to make the most of your visits to a gastroenterologist
- Lifestyle modifications that can improve symptoms of IBS

Making Sense of IBS is an essential resource for anyone who has symptoms or a diagnosis of IBS as well as for health professionals who treat people with this complex disorder.

## Book Information

File Size: 2368 KB

Print Length: 393 pages

Page Numbers Source ISBN: 1421411156

Publisher: Johns Hopkins University Press; second edition edition (November 5, 2013)

Publication Date: November 5, 2013

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00GBQUAXE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #427,810 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #15

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >

Irritable Bowel Syndrome #45 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Irritable Bowel Syndrome](#) #64 in [Kindle Store > Kindle eBooks > Medical eBooks > Internal Medicine > Gastroenterology](#)

## Customer Reviews

Very thorough book. Most physicians I've seen don't seem to know much about the condition. This book has been very helpful.

An excellent resource for anyone who suspects he or she may have IBS, or who has begun the diagnosis and treatment process for an unexplained, prolonged GI disorder. It will help the reader navigate the medical process, and make educated decisions about test and treatment options. Dr. Lacy lays out the information in a clear, objective, organized fashion, and in a manner understandable to a lay person. It also is an excellent resource for family members of persons suffering with GI issues. Highly recommended.

Very informative

Excellent information on product

good

Excellent book. Gave me lots of good information and advice.

Dr. Lacy, the author, obviously has experience treating patients with IBS. The medical condition is frustrating for patient and physician alike. The author honestly admits that many physicians who tell a patient having IBS that "It's all in your head" do a disservice to the practice of medicine as well as to the patient. Lacy's specific list of concerns and questions that the patient should take to a doctor when seeking treatment is - alone - worth the price of the book. The book's title is perfect. For doctor and patient alike, IBS often doesn't "make sense".

[Download to continue reading...](#)

Irritable Bowel Syndrome: The Ultimate Guide to Eliminating IBS and Living a Healthier Life (The Ultimate IBS Diet Guide, Managing IBS for Real People, Take Control of IBS, Eating for IBS)  
Making Sense of IBS: A Physician Answers Your Questions about Irritable Bowel Syndrome (A

Johns Hopkins Press Health Book) Making Sense of IBS (A Johns Hopkins Press Health Book) The Guide to Living with HIV Infection: Developed at the Johns Hopkins AIDS Clinic (A Johns Hopkins Press Health Book) Johns Hopkins Patients' Guide To Brain Cancer (Johns Hopkins Medicine) Johns Hopkins Patient Guide To Colon And Rectal Cancer (Johns Hopkins Patients' Guide) Johns Hopkins Patients' Guide To Leukemia (Johns Hopkins Medicine) Johns Hopkins Patients' Guide To Lymphoma (Johns Hopkins Medicine) Johns Hopkins Medical Guide to Health After 50 (Johns Hopkins Medical Guide to Health After 50) Soap Making: 365 Days of Soap Making: 365 Soap Making Recipes for 365 Days (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, ... Making, Soap Making Supplies, Crafting) Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days The Eye Book: A Complete Guide to Eye Disorders and Health (A Johns Hopkins Press Health Book) Conquering Irritable Bowel Syndrome: Essential Tips to Prevent, Manage, and Eliminate IBS Forever (Irritable bowel syndrome, Irritable bowel, IBS, IBS diet, stomach problems Book 1) A Woman's Guide to Pelvic Health: Expert Advice for Women of All Ages (A Johns Hopkins Press Health Book) Life After Stroke: The Guide to Recovering Your Health and Preventing Another Stroke (A Johns Hopkins Press Health Book) The IBS Diet: How To Manage Your Irritable Bowel Syndrome Through Food For A Healthier and Happier Life (IBS Relief, IBS Solution) IBS and ESSENTIAL OILS.: How to Treat IBS with Essential Oils, Fodmap, and Proven Simple Steps to Follow with List of 50 IBS Diet Recipes for Breakfast, Lunch and Dinner. The Foot Book: A Complete Guide to Healthy Feet (A Johns Hopkins Press Health Book) The 36-Hour Day, sixth edition: The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss (A Johns Hopkins Press Health Book) Food Allergies: A Complete Guide for Eating When Your Life Depends on It (A Johns Hopkins Press Health Book)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)